

Dr. Hancock's Safe Fast Diet Free Report

What If You Could Finally Be In Control And Lose All Of The Weight You Want To Lose...? Finally You Could Be Healthy And Not Worry About Obesity That Causes Heart Disease, Arthritis, Diabetes, Joint Pain, Back Pain..... What If You Could Lose All Of The Weight You Want In A Matter Of Weeks, Not Months Or Years...?

Dear Fellow Overweight Sufferer,

By the time you finish reading this report, you'll know my secret that ended my 20 year struggle with finding an exceptional way to lose weight and keep it off.

Why should you listen to what I have to say? I am a health care physician who knew what I had to do to lose weight but I just couldn't get myself to do it. I knew all of the physiology and biochemistry but that didn't help me. I was 60 pounds overweight. Find out what I did to lose 40 of that almost overnight.

My name is Dr. Kevin Hancock, DC and for almost all of my professional life I have been overweight. I was one of those doctors that told other people what to do but couldn't do it myself. I got to the point where unless someone asked me about how to lose weight I would keep quiet because I felt like such a hypocrite. This was a sore point with me because I am a natural health care provider. I am supposed to coach people on what to do to get and stay healthy.

I would go to the gym to work out and try to lose weight. I would lose a few pounds but they would always come back. I am one of those crazy people that actually likes working out, but I got to the point that going to the gym lost its appeal. I wasn't losing weight and was actually creeping up on the scale. My loving wife was concerned for my health. We would go on walks and I would get out of breath and ask her to slow down a little when we would go up hills.

I tried so many diets that I became tired of failing. About this time I stumbled (actually I am convinced God intervened for me, maybe He is doing that now for you too.) upon a "new" weight technique. I say "new" because the diet that this is based on came from the work that Dr. ATW Simeons did in the 1950's. Dr. Simeons discovered that in small doses HCG (Human Chorionic Gonadotropin) given to overweight individuals (men and women) decreased their appetite, and made them lose inches specifically around their hips thighs, buttocks and stomachs. Dr. Simeons only treated patients in Rome and it cost tens of thousands of dollars. I am sure if you are like me you would gladly pay \$10,000, \$20,000, even \$30,000 to lose the weight if you knew it would work and you could afford it. In his diet plan the HCG was given by injection and you had to be able to stay in Rome for 5 weeks. Needless to say that would rule out most of us. It certainly would have ruled out me. I could not afford to be away from my practice for that long, never mind the cost.

What I discovered though is that the diet can be done just as well and with the same results utilizing a homeopathic spray.

What this means is no shots, you don't have to go to Rome, Italy and it costs nowhere near the \$10-\$30,000. In fact what you pay for the diet you will save in food costs.

I was looking at several diets that had food replacements. In other words you only ate the food that you buy from them. The first one I was looking at used only protein made from soy. If you have done any research at all on this there are many authorities that describe how that the way soy is processed it is harmful to our bodies and is hard on the liver and kidneys. In fact one of the reasons we see so much soy in our food products is that the farmers who used to feed it to their animals found that their animals were getting sick. When the farmers stopped using it as feed for their stock, the producers of the soy needed to find another market to sell their product too. As it just so happens, the diet industry was looking for a cheap protein for their products. It was "perfect" timing for them, bad for us as consumers. I didn't want to exchange one health problem for another so I kept looking. The next diet was a little better but some of their food replacements were still from soy products. This diet was even more expensive and still used some soy.

About this time I came across Dr Simeons' work and the more I researched the more I was sold. It was completely safe and very fast and effective. The more I understood how this program worked the more it made sense to me as a physician. It is my opinion that this is the safest way to lose weight and to lose it fast. Unfortunately the search didn't end here. There are many HCG diets on the market. I did the work for you and researched them and came up with the one that addresses the issues to have the most effective HCG of them all. Some of you may have tried other HCG products. If you did and it didn't work, do yourself a favor and keep reading.

Why is my Safe Fast Diet the best HCG plan?...

.....Because it utilizes DES BIO HCG PROFESSIONAL FORMULA!

WHAT IS THE DES BIO HCG PROFESSIONAL FORMULA ?

It's MORE than just "HCG"! It also has extra added ingredients to assist in rapid healthy weight loss. It has ingredients that help in resetting the hypothalamus, assist in detox and drainage, help manage glucose levels, supports metabolism and appetite control and cravings. It also helps with immune support and stress management. Don't be taken in by "cheaper" forms of HCG. Des Bio is a renowned American Biological Company that has put much research into the development of this HCG product.

So what is HCG? HCG is a protein like substance that has over 237 amino acids and is found in almost every living thing. When used according to Dr. Simeons' revised diet, a person can lose up to a pound of abnormal fat a day, with the **consistent average** being anywhere from 20 – 30 pounds a month.

The **REVISED** Simeons' HCG diet still consists of 2 proteins, 2 fruits, 2 vegetables and 2 starches a day, but there are some unique, positive changes to the original foods. The consistent weight loss can be a reality when the Des Bio HCG Professional Formula and Liquid Detox drops are used along with the revised diet. So be prepared to be in the best

shape of your life.

The Liquid Detox Drops has been designed to help the body detox the toxic fat while on the HCG diet and help balance the eliminative channels of the body. These are an essential component in helping your body move out the fat effectively and lose the weight desired. Liquid Detox Drops can be added to your water and sipped throughout the day or taken orally. Because our formulator is the leader in the industry. Beware of inferior imitations of all of our products.

With my program you will receive FINALLY FIT, your complete HCG Program & Recipe Book. It includes:

- The HCG Quick start guide
- The HCG Protocol
- The HCG Daily Diet
- Tips for success
- Sample recipes and menus
- And of course the needed products
- A list of commonly asked questions and answers
- Support with me, Dr. Kevin Hancock (This is important because I had questions when I was doing the diet initially)

Another extraordinary thing about this Revised Simeons' Diet plan is a product called Professional Weight Support by Des Bio. This product, just like their HCG Professional Formula is like nothing on the market! It's designed to help KEEP the weight off after the HCG Diet! It is Unique and has been developed to support the emotional changes people experience after losing so much weight so they don't sabotage themselves and gain it back!

So, those of you not familiar with how the diet works read on....

First, let me tell you the results that I saw. Over the 40 days that I initially did the diet I averaged losing about a pound of fat a day. I was thrilled with **my** success.

What Dr. Simeon found was that when you used HCG the body is able to access and burn the fat that you have stored. Now here is the part I wasn't too sure about when I first heard about it. With the HCG diet you limit your food intake to about 500 calories per day. Keep in mind that there is no counting of calories needed. The typical intake is a piece of fruit in the late morning and then 4 ounces of protein with a handful of a certain type of vegetable and then repeat this with an afternoon snack of a piece of fruit and then 4 ounces of protein and a handful of vegetable for dinner. The thing that concerned me was the limited calories. From my experience and all that I knew about dieting this would put you into a starvation mode and your metabolism would shut down. I continued to look into it and boy, am I ever glad I did. What made the difference is the HCG. With HCG your body keeps burning calories. Most people are concerned that they will be hungry or tired. In fact after the first few days on the diet most people report that they are not hungry and are experiencing boundless energy. According to Dr. Simeon's research what makes the difference is that the HCG causes you to access your fat. The remaining calories that you need each day come from your stored fat. If you lose a pound a day like I did then you end up burning an extra 3500 calories per day. (3500 calories is the readily accepted amount of calories in a pound of fat). What Dr. Simeon found is that the additional energy you need comes from your stored energy that you have

on your body in the form of fat. Remember, the added bonus is that after the first few days most people report that they have increased energy and no hunger. Why would they be hungry, they are living off of a smorgasbord of stored energy (fat). Of course this sounds great on paper, but does it work. I tend to be an emotional eater and I love food. What I found out is that it worked for me like no other diet had and I am confident it will for you too.

Still,.... 500 calories.... I asked myself... was I willing to give up all of the foods that I loved. The initial commitment can be as little as 3 weeks. I rationalized that I had abused my body for 20 years; I could do without those foods for 3 weeks if I was going to lose 20 or more pounds. What I found out was that after the first 3 weeks, I was so excited with my initial 27 pound loss that I decided to go an additional 3 weeks to lose a total of 40 pounds in the 6 weeks.

The other thing that needs to be said is that after the first few days you will find that the diet itself is very simple and time saving. It has been by far the easiest diet that I have ever been on and the kicker is that it actually works, and works fast. Come on, 3 weeks, if I can do it with how much I love food you can too.

I am skipping ahead...before I could start the diet I had to convince myself... after mulling it around, in the end I got to the point that I felt I had nothing to lose. I figured out that the money I saved by what I wasn't eating would alone actually pay for the diet itself. This is really very cool. If you are like me you have wasted so much money on buying someone else's food packages or joining up with some weight loss group. I was thrilled to discover that I really had no added costs. Also, there is a light at the end of the tunnel. You can make as little as a three week initial commitment. This is because the real calorie restriction really only lasts 3 weeks for the first phase. The following phase is also 3 weeks and is really just a carbohydrate restriction. After the first phase (which ends up not being that tough) this is a reward. The main goal on this phase is to maintain the weight loss that you have obtained within 2 pounds of your ending weight. It is really kind of fun, and what I found is that it is really kind of thrilling to find that the weight really stays off. In other words the main goal of the second phase is to not gain or lose more than two pounds from your new weight. You may ask like I did, why do I need to maintain my weight within 2 pounds, what does this do?

What I found out is that by keeping my weight within this 2 pound range I retrained my body to recognize my new weight as my new weight. This helped me to maintain my new weight so that I didn't just put all of the weight I had just lost back on. This is very important so don't skip this step. Now that I have lost the weight I am feeling so much healthier and looking better than I have in years. I also found that I was putting clothes back on that I hadn't been able to wear in years. Of course my teenage daughters had something to say about this because they say my "skinny" clothes were out of style. They have threatened to take me shopping for some new "cool" clothes. I think the most important thing about this diet is that I began to realize that I had a new way of thinking about food and a new way of looking at my health.

Needless to say, when I discovered this weight loss secret that actually worked for me I wanted to shout it from the rooftops. It has become my mission to document my experience and to save others and restore their lives too.

How do you get started?

Stop by my office and pick up your supplies or if you live too far away just call my office (574.271.1111) and

arrange to have it sent to you. You will be so glad you did.